

# community buzz

JULY 2023

ARABIAN RANCHES III

EMAAR

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## In & Around

# ***Community Swimming Pools Open***

The mercury levels are rising and outdoor time is more beach and pool time. The swimming pool at Joy and Spring is now open for residents and their guests to enjoy. This pool is a fantastic addition to the community's recreational needs and will be great for the whole family to relax after a long day. The pool is open every day from 7 AM to 10 PM.



# ***Smash Those Fitness Rings***

There is nothing like having your own community gymnasium. With the state of art equipment and gorgeous community view, now there is no reason to miss those workouts. Whether you need to meet your cardio needs or that dose of strength training; this place will help you smash those fitness rings. This new gymnasium is open at the Sun community.



# ***New Supermarket Alert!***

A convenience store - as the name suggests is having the luxury of picking up a bottle of milk on your way back, or a loaf of bread after your morning run. It is essential to have one for your peace of mind to know that your grocery is sorted, and it is even better when it is one of the trusted brands- opening in the community center. Say goodbye to driving kilometers for the grocery run!



# Is Your Home, Holiday Ready?

As you pack your bags for the upcoming holiday season, go through these pointers to ensure that your home is holiday safe.



Secure all entryways, including the windows and balcony.



Unplug electrical items to avoid fire risks.



Secure wardrobes and other valuable items



Deposit your money and valuables in a bank safe box.



Make sure water taps and electricity switches are off.



Leave your home clean and tidy to avoid pest infestation.



Check for any gas leaks before you lock up.



Keep your air-conditioning at a minimal setting to avoid any humidity or mold issues while you are away.



Put your newspaper subscriptions on hold till you are back.



Leave your contact details with a trusted friend in case of an emergency. Send us an email and we shall notify the community security on the same.

**Pro Tip** - Register your villa with the Dubai Police for free police patrolling around your unit when you are away.

# ***Fight the Pests Down***

Pest management is essential, especially when your dear ones and home is concerned. Health issues and property damage can be prevented with regular pest control. No matter how often we conduct regular fogging in the common areas, you must still maintain regular pest control inside your home and here is why:



**Reduce allergies** - Pests cause allergies, asthma, and other respiratory issues.



**Protect property** - Pest infestations cause costly repairs to your assets, especially to the fabric components of furniture.



**Food supply** - Pests contaminate food and affect you, your family and your pet's health.



**Illness and diseases** - Pests can cause a host of health problems like leprosy, skin infections, food poisoning, etc.



# ***A Glass of Water Please!***

Summers in UAE is notorious, especially with warm and humid days of July and August! We know the air condition is your best friend in summer, but let's not forget who really should be your bff for this season. As the heat and humidity rises, you should drink 3 to 4 litres of water in a day. Here are some tips and tricks to ensure that you are well hydrated and stay cool and fresh this summer.

- **Don't wait to feel the thirst**

Because even the slightest cue for thirst is a sign that you are getting dehydrated.

- **Flavor your water**

If plain water isn't to your liking, try adding chopped fruits like lemons, oranges, apple slices, a bunch of mint leaves or a stick of cinnamon to add some zest to your drink.

- **Eat water-rich fruits & vegetables**

Watermelon, strawberries, cantaloupes, peaches and pineapples are fruits with high-water content. While some vegetables with high water content include cucumbers, radish, celery, tomatoes and so on. There are also great snacks to munch on or you can whip them together for a refreshing bowl of salad, for lunch.

- **Stay indoors when it's too hot**

When the weather is hot, especially from 11 AM to 4 PM, it is better to stay indoors or plan indoor activities. Being in the heat can cause dehydration and heat stroke. If you must be outdoors at these times, ensure you keep sipping on water constantly.

- **Set alarms to remind you to drink**

This is one of the best ways to ensure that you are getting your daily quota of water and remain hydrated.



# ***Mid-day Breaks***

Construction workers in the UAE will receive a respite from direct sunlight with a mid-day work ban from mid-June to September, when the summer is at its peak. It will give them some relief from the hot sun and prevent heat exhaustion.

Outdoor community service providers and contractors will also take this mandated mid-day break. This will be the 19th year that the Mid-day Break campaign is being implemented, and it has become a key feature in ensuring the safety of workers during the hot summer months.





# Proper Waste Disposal Etiquette

Littering in the common areas is unsightly, smelly and an open invitation to pest infestation. While disposing off your garbage:



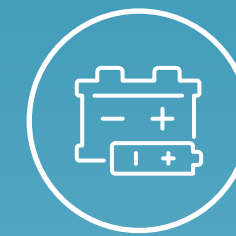
Ensure waste bags are tied and placed inside the garbage bins.



Reach out to the security or a team member from the community management to get assistance to replace any damaged bins that you notice.



Double bag if you find the trash bag is leaking or too heavy.



Green waste, electronics & hazardous materials do not belong with household trash.



Ensure that you are segregating your waste and properly disposing in the correct recycling bins located at your community.



# Don't Let the Water Drip

A popular adage is that we need water; but in the current times-water could use some help from us! The Earth is made up of 97% of water, but only 3% of it is fresh water. Mindful usage and conservation are our only way forward. Here are some simple tips to reduce water wastage in your homes.



Treat the leaks regularly. What looks like a drop dripping off is a lot of water being wasted.



Run the washing machine and dish washer only when it's a full load. This saves on water as well as energy.



Switch to a 'low flow' shower head. This can help reduce your water consumption by almost 50%. Thank us when you see a reduced water bill!



Switch faucets off when not in use. The water running while you brush your teeth is gallons of water being wasted!



Reuse water where possible. Collect the water used to wash vegetables, and rice and use it to water the plants. The water used to rinse rice is rich in minerals and is beneficial for your plants too.



Choose your plants wisely. There are some varieties that are low maintenance such as the bougainvillea, date palm and tropical hibiscus. They are beautiful additions to your garden and don't need much watering too.





# *Best out of* **WASTE!**

There is always a couple of bottle caps and yoghurt cans laying around; why not do something creative with it? We recently celebrated the World Environment Day; so, let's take a pledge to reduce the waste we put out. Get creative, look around, use any recyclable material and create something beautiful that can be used as décor.

Send in pictures of your creations, along with your name, contact details and home address to [events@ecm.ae](mailto:events@ecm.ae) by 31st July.

# ***From the Resident's Desk***

Crystal Hanna is an Early Childhood Principal and a happy resident of Arabian Ranches. She shares with us some summer tips to keep our young residents busy and to ensure that this Summer of 2023 is an enriching one.

## **1. Maintain a Journal**

Journaling is a fantastic way for children to capture and reflect on their summer experiences. Give them a notebook and let them fill it with summer stories and memories.

## **2. Read, Read, Read**

Reading is one of the most important skills children can have! Reading daily can be done independently or with other family members. For our youngest learners, looking at picture books are great to awaken their imagination and curiosity.

## **3. Using their Creativity**

Encourage children to make something using everyday items, such as cardboard boxes, paper plates, or popsicle sticks. You can provide them with materials and ask them to create something with their ideas. Send us their creations at [events@ecm.ae](mailto:events@ecm.ae) and we will feature it in the upcoming newsletter.

## **4. Unstructured Child Play Time**

Unstructured playtime is essential for children's development, as it allows them to explore their interests and develop social and emotional skills. This could include engaging in imaginative play, playing with toys or exploring nature. Make sure the kids are always playing in a secure and supervised environment.

## **5. A House Chore a Day**

Assigning a daily house chore is a wonderful way to teach children about responsibility. Simple tasks like setting the table, watering plants, or making their bed can make them feel like they are responsible and are an important part of the family.

## **6. Back to School Transition**

The change from a relaxed summer schedule to a structured school routine can be difficult for them, but there are ways to make the transition smoother. One way is gradually adjusting bedtime and wake-up time to align with the school schedule a few weeks before the start of the school term.





# ***Winners!***

## *For you Mom!*

My Mother is my best friend! The friend who I fight with, I cry on and cannot imagine a day without. An ode to all the lovely mommies who are selflessly doing what they are! The Mother's Day poetry competition filled our mail box with some heart melting creations and we still have not got over it.

Winners of the Mother's Day Competition

**Category I - Aira Kumar**

**Category II - Rishaan George**

**Category III - Judy**



# Calling All Kids!

Join Dubai's Ultimate Summer Camp at Dubai Mall for an unforgettable adventure across six iconic attractions!

From marine wonders at **Dubai Aquarium & Underwater Zoo** to catching a movie at **Reel Cinemas**, role-playing at **KidZania**, ice-skating at **Dubai Ice Rink**, arcade thrills at **PlayDXB**, and reaching new heights at **At The Top Burj Khalifa**, make lasting memories with tons of fun activities.

Terms and Conditions



Monday to Thursday  
9am – 3pm



July 3 – August 31  
2023



Kids from  
7 to 14 years



Kids from 3-6 years  
accompanied with adult



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EMAAR EYE!**



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## EMAAR EYE

on Emaar One mobile app.

Notice anything in the community common areas, hotels or entertainment destinations that needs fixing?

**See it. Click it. Report it.**

Log in to Emaar One and select **EMAAR EYE** to follow the steps below.

-   
CLICK A PICTURE FROM YOUR SMARTPHONE
-   
ATTACH PICTURE AND SELECT THE CATEGORY
-   
MENTION LOCATION OF THE ISSUE
-   
ADD A VOICE NOTE OR TEXT AND SUBMIT

Every time you report an issue, you enter a monthly raffle to win uber cool prizes!

QUICK



EASY




REWARDING

EMAAR

COMMUNITY MANAGEMENT

## Visit us at our community office

 ECM, Level I,  
Ranches Souq, Arabian Ranches II

Monday to Friday, 9 AM to 8 PM  
Saturday and Sunday, 9 AM to 5 PM  
+971 4 367 7861

800 EMAAR (36227)

Community Security  
+971 54 511 0798

[www.arabianranchesthree.ae](http://www.arabianranchesthree.ae)

### Useful numbers

Fire	997
Ambulance	998
Police	999
Dubai Municipality	800 900
Taxi	800 9090
DEWA	991

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